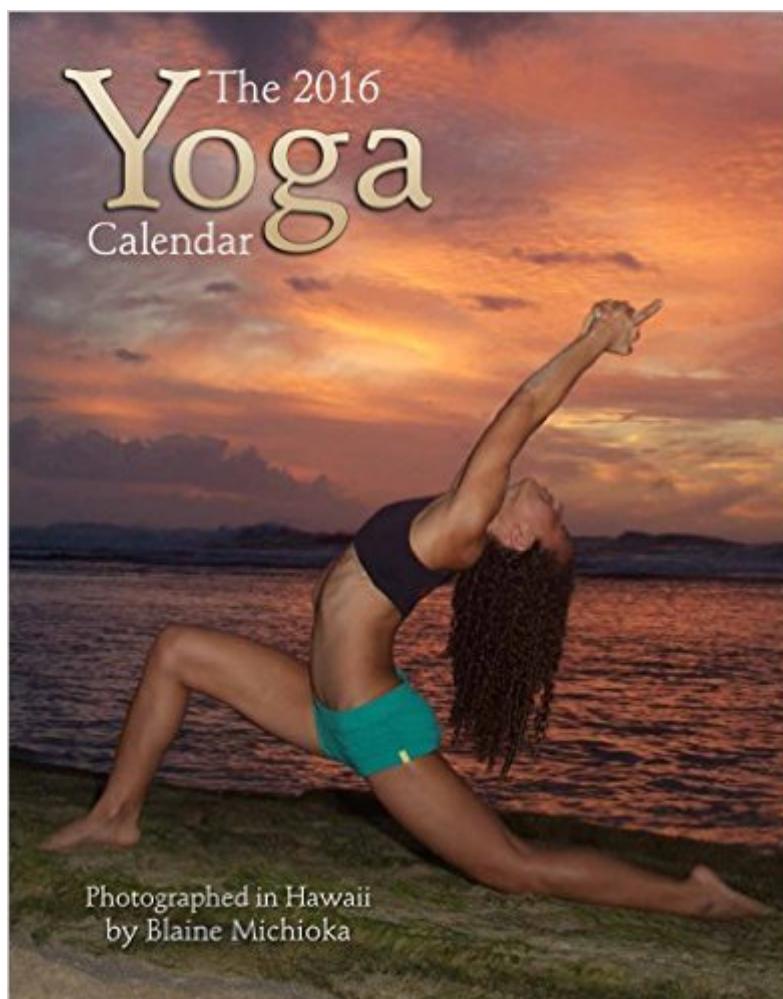


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# **Yoga 2016 Calendar 11x14**



## Synopsis

Using head, heart, mind, and body, Yoga, photographed in Hawaii and California by Blaine Michioka, demonstrates how a fusion of our physical and spiritual worlds can create flexibility, strength, confidence, and well-being. Each of the asanas pictured will inspire practitioners to transcend limitations and achieve a new sense of personal balance in the serene extreme. (11 x 28 inches, open). Tide-mark press has been publishing quality calendars for over 35 years. Search on 'Tide-mark' to see our other selections.

## Book Information

Calendar: 24 pages

Publisher: Tide-Mark Pr Ltd (C); Wall edition (July 30, 2015)

Language: English

ISBN-10: 1631140841

ISBN-13: 978-1631140846

Product Dimensions: 0.2 x 11 x 14 inches

Shipping Weight: 9.6 ounces

Average Customer Review: 3.0 out of 5 starsÂ [See all reviewsÂ](#) (1 customer review)

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